




SAN DIEGO FRENCH AMERICAN SCHOOL

MAY 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| <p>3</p> <p>Israeli Couscous With Chicken Spring Mix Sugar Cookies</p> <p> <i>Vegetarian Option</i></p> | <p>4</p> <p>Salami Sandwich Orzo Salad Fresh Fruit</p> | <p>ALL AMERICAN 5</p> <p>Chef Salad with Turkey Baguette Ginger Pound Cake</p> <p> <i>Vegetarian Option</i></p> | <p>ASIAN DAY 6</p> <p>Chinese Chicken Salad Crispy Noodles Mandarins</p> | <p>ITALIAN DAY 7</p> <p>Eggplant Pesto Sandwich Cornucopia Salad Cheesecake</p> <p> <i>Vegetarian Day</i></p> |
| <p>GREEK DAY 10</p> <p>Greek Salad with Chicken Baguette Fresh Fruit</p> <p> <i>Vegetarian Option</i></p> | <p>11</p> <p>Tuna Sandwich Macaroni Salad Brownies</p> | <p>FRENCH DAY 12</p> <p>Quiche Loraine Tom & Cuc Salad Baguette Fresh Fruit</p> <p> <i>Vegetarian Option</i></p> | <p>ITALIAN DAY 13</p> <p>Tortellini Primavera Salad Fresh Greens Mex Wedd Cookie</p> | <p>ALL AMERICAN 14</p> <p>Egg Salad Sandwich French Potato Salad Fresh Fruit</p> <p> <i>Vegetarian Day</i></p> |
| <p>ITALIAN DAY 17</p> <p>Chicken Pesto Pasta Salad Spring Mix Rugulohs</p> <p> <i>Vegetarian Option</i></p> | <p>18</p> <p>Pastrami Sandwich Quinoa Salad Fresh Fruit</p> | <p>GREEK DAY 19</p> <p>Mediterranean Salad with Salami Baguette Ch. Chip Cookie</p> <p> <i>Vegetarian Option</i></p> | <p>20</p> <p>Chicken Caesar Pasta Salad Romaine Lettuce Dessert</p> | <p>21</p> <p>Cheese Sandwich Fruit Salad Carrot Cake</p> <p> <i>Vegetarian Day</i></p> |
| <p>24</p> <p>Quinoa Salad with Chicken Spring Mix Greens Fresh Fruit</p> <p> <i>Vegetarian Option</i></p> | <p>25</p> <p>Roast Beef Sandwich Farro Salad Cowboy Cookie</p> | <p>ALL AMERICAN 26</p> <p>BBQ Chicken Potato Salad Coleslaw Fresh Fruit</p> <p> <i>Vegetarian Option</i></p> | <p>27</p> <p>Cowboy Quiche Bean Salad Baguette Coconut Macaroon</p> | <p>28</p> <p>Minimum Day</p> |
| <p>31</p> <p>Memorial Day</p> |  <p>SDFAS SAN DIEGO FRENCH AMERICAN SCHOOL</p> |  |  |  |

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables.

 We are open to suggestions.

 All of our SDFAS Families who spend more than \$15 at our restaurant will receive a baguette.