




La Petit Ecole

AUGUST/SEPTEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2 Parmesan Chicken Quinoa Salad Baguette Fresh Fruit  <i>Gluten Free Option</i>	ITALIAN DAY 3 White Bean Casserole Garden Salad Baguette Choc Chip Cookie  <i>Vegetarian</i>
6 LABOR DAY	MEXICAN DAY 7 Chicken Fajitas Mexican Rice Fresh Salsa Fresh fruit  <i>Gluten Free Option</i>	8 Cheese Sandwich Chicken Soup Fruit Salad Rugulahs  <i>Vegetarian Option</i>	ITALIAN DAY 9 Spaghetti and Meat Sauce Green salad Fresh Fruit  <i>Vegetarian Option</i>	10 Baguette Pizza Caesar Salad Brownies  <i>Vegetarian</i>
FRENCH DAY 13 Cowboy Quiche Tomato Cucumber Salad Cowboy Cookies  <i>Vegetarian Option</i>	GERMAN DAY 14 Bratwurst Mashed Potatoes Peas and Carrots Fresh Fruit  <i>Gluten Free Option</i>	15 Roast Beef Sandwich Vegetable Soup Fruit Salad Ginger Pound Cake  <i>Vegetarian Option</i>	ASIAN DAY 16 Chinese Chicken Stirfry & Noodles Fortune Cookies Fresh fruit	ITALIAN DAY 17 Vegetable Lasagna Garden Salad Fresh Fruit Blueberry Pie  <i>Vegetarian</i>
ITALIAN DAY 20 Salmon Penne Pasta Green Salad Mex Wedd Cookies  <i>Vegetarian Option</i>	21 Herb Roasted Chicken and Vegetables Fresh fruit  <i>Gluten Free Option</i>	22 Salami Sandwich Vegetable Soup Fruit Salad Carrot Cake  <i>Vegetarian Option</i>	ALL AMERICAN 23 Meatloaf Mashed Potatoes Carrots and Peas Fresh Fruit	24 Veggie Chili Rice Fresh Fruit Cheesecake  <i>Vegetarian</i>
ALL AMERICAN DAY 27 BBQ Chicken Potato Salad Coleslaw Coconut Macaroons  <i>Vegetarian Option</i>	ITALIAN DAY 28 Pasta Rustica Garden Salad Baguette Fresh Fruit	29 Turkey Sandwich Soup Fruit Salad Ch Chip Cookies  <i>Vegetarian Option</i>	ENGLISH DAY 30 Shepherds Pie Spinach Salad Fresh Fruit  <i>Gluten Free Option</i>	FRENCH DAY 31 Spinach Quiche Garden Salad Baguette Sugar Cookies  <i>Vegetarian Day</i>

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables.

 We are open to suggestions.

 All of our LPE Families who spend more than \$15 at our restaurant will receive a baguette.