




# SAN DIEGO FRENCH AMERICAN SCHOOL.

NOVEMBER 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>MEXICAN DAY 1</b></p> <p>Chicken Fajitas Mexican Rice Salsa Fresca GingerPound Cake</p>	<p><b>ITALIAN DAY 2</b></p> <p>Spaghetti and Meatsauce Garden Salad Fresh Fruit</p>	<p><b>3</b></p> <p>Turkey Sandwich Vegetable Soup Fruit Salad Blueberry Pie  <i>VegetarianOption</i></p>	<p><b>4</b></p> <p>Parmesan Chicken Quinoa Salad Baguette Fresh Fruit</p>	<p><b>ITALIAN DAY 5</b></p> <p>Baguette Pizza Garden Salad Coconut Macaroons   <i>Vegetarian</i></p>
<p><b>GERMAN DAY 8</b></p> <p>Bratwurst Mashed Potatoes Carrots &amp; Peas Choco Chip Cookie</p>	<p><b>FRENCH DAY 9</b></p> <p>Quiche Loraine Tomato Cuc Salad Baguette Fresh Fruit</p>	<p><b>10</b></p> <p>Pastrami &amp; Cheese Sandwich Vegetable Soup Fruit Salad Sugar Cookies  <i>VegetarianOption</i></p>	<p><b>ITALIAN DAY 11</b></p> <p>Salmon Penne Pasta Garden Salad Fresh Fruit</p>	<p><b>12</b></p> <p>Veggie Chili Rice Baguette Rugulahs   <i>Vegetarian</i></p>
<p><b>ASIAN DAY 15</b></p> <p>Chinese Chicken Stir Fry w/ Noodles Mandarins Fortune Cookies   <i>VegetarianOption</i></p>	<p><b>ENGLISH DAY 16</b></p> <p>Shepherds Pie Spinach Salad Baguette Fresh Fruit</p>	<p><b>17</b></p> <p>Salami and Cheese Sandwich Vegetable Soup Fruit Salad Cowboy Cookies  <i>VegetarianOption</i></p>	<p><b>ALL AMERICAN 18</b></p> <p>Herb Roasted Chicken and Vegetables Baguette Fresh Fruit</p>	<p><b>ITALIAN DAY 19</b></p> <p>Tortellini Marinara Caesar Salad Baguette Mex Wedd Cookie   <i>Vegetarian</i></p>
<p><b>ITALIAN DAY 22</b></p> <p>Pasta Rustica Garden Salad Baguette Fresh Fruit</p>	<p><b>ALL AMERICAN 23</b></p> <p>RoastBeef Sandwich Veg Soup Fruit Salad Cheesecake</p>	<p><b>24</b></p> <p><b>MINIMUM DAY</b></p>	<p><b>25</b></p> <p><b>THANKSGIVING</b></p> 	<p><b>26</b></p> <p><b>THANKSGIVING BREAK</b></p>
<p><b>FRENCH DAY 29</b></p> <p>Cowboy Quiche Garden Salad Baguette Fresh Fruit   <i>VegetarianOption</i></p>	<p><b>ALL AMERICAN 30</b></p> <p>BBQ Chicken Potato Salad Coleslaw Fruit Pie</p>			

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables.

 We are open to suggestions.

 All of our SDFAS Families who spend more than \$15 at our restaurant will receive a baguette.