JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
# Happy New Genr	Pasta Carbonara Garden Salad Fresh Fruit	MEXICAN DAY 3 Chicken Fajitas Mexican Rice Salsa Fresca Brownies		ITALIAN DAY 5 Baguette Pizza Garden Salad Baguette Double Chocolate ** Vegetarian Day
ITALIAN DAY. 8 Chicken Fettuccine Alfredo Garden Salad Sugar Cookies	Cowboy Quiche Tom & Cuc. Salad Baguette Fresh Fruit	Pastrami and Cheese Sandwich Vegetable Soup Fruit Salad Cheesecake	Greek Chicken and Potatoes Bread Fresh Fruit	CHINESE DAY 12 Chinese Vegetable Stirfy Mandarins Fortune Cookie ** Vegetarian Day
MLK DAY HOLIDAY	Fresh Fish Rice with Corn Baguette Fresh Fruit	FRENCH DAY 17 Beef Burgundy Mashed Potatoes Baguette Rugulahs	Chicken Pot Pie Casserole Garden Salad Fresh Fruit	ALL AMERICAN 19 Veggie Chili Rice Baguette Ch Chip Cookies ** Vegetarian Day
CHINESE DAY 22 Teriyaki Chicken Broccoli & Carrots Rice Cowboy Cookie	Salmon Penne Pasta Garden Salad Baguette Fresh Fruit	Roastbeef Sandwich Vegetable Soup Fruit Salad Fruit Pies	MOROCCAN DAY 25 Chicken Tagine Israeli Couscous Fresh Fruit	3 Cheese Pasta Garden Salad Banana Cake ** Vegetarian Day
Spaghetti with Meatsauce Garden Salad Coconut Macaroon	30 Chicken Parmesan Quinoa Salad Fresh Fruit	Beef Lasagna Caesar Salad Baguette Carrot Cake	Lycée Français SAN DIEGO THE TENDER OF THE	GIRARD

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Surcée Français SAN DIEGO The San DIEGO		GIRARD GOURMET	Poulet Yassa Israeli Couscous Fresh Fruit	ITALIAN DAY 2 Tortellini Marinara Garden Salad Mex Wedd Cookie ** Vegetarian Day
Shepherds Pie Garden Salad Brownies	CHINESE DAY. 6 Chicken Stirfry Noodles Mandarins Fortune Cookies	Pastrami Sandwich Vegetable Soup Fruit Salad Cheesecake	ALL AMERICAN 8 Beef Chili Rice Carrots/Celery Fresh Fruit	FRENCH DAY 9 Spinach Quiche Garden Salad Bread Sugar Cookies ** Vegetarian Day
Pasta Rustica Garden Salad Rugulahs	Lamb Stew Saffron Rice Baguette Fresh Fruit	ALL AMERICAN 14 BBQ Chicken Potato Salad Coleslaw Double Chocolate	Beef Lasagna Caesar Salad Baguette Fresh Fruit	16 MINIMUM DAY
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>
WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
ALL AMERICAN26 Tuna Casserole Garden Salad Cowboy Cookies	Steak Hache Roasted Potatoes Baguette Fresh Fruit	Cheese Sandwich Chicken Soup Fruit Salad Fruit Pies	FRENCH DAY 29 Chicken Provencal Brown Rice Fresh Fruit	

MARCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rucée Français SAN DIEGO		GTRARD GOURMET		Vegetable Lasagna Caesar Salad Cheesecake ** Vegetarian Day
Chicken Fajitas Mexican Rice Baguette Mex Wdd Cookies	Salmon Penne Pasta Garden Salad Fresh Fruit	GREEK DAY. 6 Greek Chicken with Potatoes Coconut Macaroon	Fresh Fish Rice with Corn Fresh Fruit	CHINESE DAY 8 Chinese Vegetable Stirfy Mandarins Fortune Cookie ** Vegetarian Day
Line Chicken Tenders Bean Salad Carrot Cake	ALL AMERICAN 12 Meatloaf Mac and Cheese Peas and Carrots Fresh Fruit	Turkey Sandwich Chicken Soup Fruit Salad Cowboy Cookie	Chicken Fettuccine Alfredo Garden Salad Fresh Fruit	Baguette Pizza Garden Salad Mex Wedd Cookie ** Vegetarian Day
Sphaghetti Meatsauce Garden Salad CoconutMacaroon		FRENCH DAY 20 Beef Burgundy Mashed Potatoes Baguette Brownies	Parmesan Chicken Quinoa Salad Bread Fresh Fruit	Veggie Chili Brown Rice Baguette Double Chocolate ** Vegetarian Day
ALL AMERICAN25 Chicken Potpie Casserole Garden Salad Cheesecake	Cowboy Quiche Tom Cuc Salad Baguette Fresh Fruit	Pastrami & Cheese Sandwich Veg. Soup Fruit Salad Rugulahs	Chicken Teriyaki Broccoli & Carrots Rice Fresh Fruit	Ratatouille Couscous Bread Chocolate Chip ** Vegetarian Day

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Chili Rice Baguette Fruit Pies	Pasta Rustica Garden Salad Fresh Fruit	ALL AMERICAN 3 RoastbeefSandwich Veg Soup Fruit Salad Carrot Cake	Poulet Yassa Israeli Couscous Fresh Fruit	3 Cheese Pasta Casserole Garden Salad Banana Cake ** Vegetarian Day
Chicken Stirfry Noodles Mandarins Fortune Cookie	Example 1 Indicates the second of the second	Ham & Cheese Sandwich Vegetable Soup Fruit Salad Cheesecake ** VegetarianOption	ALL AMERICAN 11 BBQ Chicken Potato Salad Coleslaw Fresh Fruit	FRENCH DAY 12 Spinach Quiche Tom Cuc Salad Baguette Cowboy Cookie
FRENCH DAY 16 Steak Hache Potatoes Fruit Pies	Lamb Stew Saffron Rice Fresh Fruit	MINIMUM DAY	SPRING BREAK	SPRING BREAK
<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Shepherds Pie Garden Salad Choc Chip Cookie	FRENCH DAY 30 Chicken Provencal Brown Rice Fresh Fruit	SAN DIEGO		GIRARD

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Succe Français San Diego	GIRARD GOURMET	Meatloaf Mac and Cheese w/ Broccoli Brownies	Greek Chicken Potatoes Baguette Fresh Fruit	Ratatouille Couscous Bread Double Chocolate ** Vegetarian Day
ETALIAN DAY 6 Spaghetti and Meatsauce Garden Salad Rugulahs	MEXICAN DAY 7 Chicken Fajitas Mexican Rice Fresh Fruit	Cheese Sandwich Chicken Soup Fruit Salad Cheesecake	ALL AMERICAN 9 Chicken Tenders Macaroni Salad Fresh Fruit	Vegetable Lasagna Caesar Salad Sugar Cookies ** Vegetarian Day
ALL AMERICAN 13 Chicken PotPie Casserole Garden Salad Ch Chip Cookie	FRENCH DAY. 14 Beef Burgundy Mashed Potatoes Baguette Fresh Fruit	Parmesan Chicken Quinoa Salad Fruit Pies	Fresh Fish Rice w/ Corn Bread Fresh Fruit	Baguette Pizza Garden Salad Mex Wedd Cookie ** Vegetarian Day
Fettuccine Alfredo With Chicken Garden Salad Banana Cake	FRENCH DAY. 21 Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit	Turkey Sandwich Vegetable Soup Fruit Salad Cowboy Cookies	23 Chicken Teriyaki Broccoli & Carrots Rice Fresh Fruit	White Bean Casserole Garden Salad Palmiers
MEMORIAL DAY	Salmon Penne Pasta Garden Salad Fresh Fruit	FRENCH DAY. 29 Steak Hache Roasted Potatoes Mex Wedding Cookies	Chicken Tagine Israeli Couscous Fresh Fruit	ALL AMERICAN 31 Veggie Chili Brown Rice Baguette Cowboy Cookies ** Vegetarian Day

JUNE 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Potato Salad Coleslaw Cheesecake	ITALIAN DAY 4 Pasta Rustica Garden Salad Fresh Fruit	ALL AMERICAN 5 Pastrami Sandwich Veg Soup Fruit Salad Brownies	Shepherds Pie Spinach Salad Baguette Fresh Fruit	FRENCH DAY 7 Spinach Quiche Tom Cuc Salad Baguette Banana Cake
Each Lasagna Caesar Salad Baguette Rugulahs	Chicken Stirfry Noodles Mandarins Fortune Cookie	Lamb Stew Mashed Potatoes Bread Double Chocolate	FRENCH DAY.13 Chicken Provencal Rice Fresh Fruit	3 Cheese Pasta Garden Salad Sugar Cookies
ALL AMERICAN 17 Beef Chili	18 Poulet Yassa	<u>19</u>	<u>20</u>	<u>21</u>
Rice Bread Cowboy Cookie	Israeli Couscous Fresh Fruit	MINIMUM DAY	SUMMER BREAK	SUMMER BREAK
24	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>
SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK	SUMMER BREAK
Sycée Français SAN DIEGO The STAN DIEGO		GIRARD GOURMET		Enjoy Summer vacation