Lycée Français De San Diego

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LFSD LYCÉE FRANÇAIS DE SAN DIEGO	GIRARD GOURMET	HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
ALL AMERICAN. 6 BBQ Chicken Potato Salad Salad Bar Fresh Fruit	Spaghetti Meatsauce Garden Salad Cowboy Cookie	Ham & Cheee Sandwich Vegetable Soup Fruit Salad Coconut Mac. Salad Bar	Beef Chili Rice Carrots & Celery Fresh Fruit Salad Bar	ITALIAN DAY 10 Margharita Pizza Salad Bar Fresh Fruit Mex Wedd Cookie
Chicken Fajitas Mex. Rice Fresh Fruit Salad Bar	ALL AMERICAN 14 Meatloaf Mashed Potatoes Peas & Carrots Brownies Salad Bar	Baked Chicken Vegetables Fresh Fruit Salad Bar	Beef Lasagna Caesar Salad Fresh Fruit Baguette	Penne Pasta with Pomodoro Sauce Garden Salad Fresh Fruit Carrot Cake
20 MLK DAY	Shepherds Pie Spinach Salad Fresh Fruit Cheesecake	FRENCH DAY 22 Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit Salad Bar	Chicken Tenders Mac & Cheese w/ Broccoli Fresh Fruit Salad Bar	ALL AMERICAN24 Vegetable Chili Rice Baguette Fresh Fruit Sugar Cookies Salad Bar
Chicken Pasta Garden Salad Fresh Fruit Baguette	FRENCH DAY 28 Steak Hache Potatoes Salad Bar Fresh Fruit Ch Chip Cookies	Pepperoni Pizza Caesar Salad Fresh Fruit	Chicken Provencal Rice Baguette Fresh Fruit	Talian Day 31 Tortellini Marinara Garden Salad Fresh Fruit Rugelachs

All of our LFSD Famílies who spend more than \$15 at our restaurant will receive a free baguette.

Lycée Français De San Diego

FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ASIAN DAY. 3 Chinese Chicken Stirfry Noodles Mandarins Fortune Cookie	Fresh Fish Rice with Corn Fresh Fruit Banana Bread Salad Bar	Salmon Penne Pasta Garden Salad Fresh Fruit	Chicken Tagine Israeli Couscous Fresh Fruit Salad Bar	Vegetable Lasagna Caesar Salad Fresh Fruit Double Chocolate
Pasta Rustica Garden Salad Fresh Fruit Baguette	ASIAN DAY 11 Chicken Teriyaki Rice Fresh Fruit Cowboy Cookie Salad Bar	Pastrami Sandwich Vegetable Soup Fruit Salad Fruit Pies	Chicken Pot Pie Casserole Garden Salad Fresh Fruit Coconut Mac.	Example 14 Baguette Pizza Caesar Salad Fresh Fruit Mex. Wedd Cookie
ASIAN DAY 17 Chicken Fried Rice With Vegetables Mandarins Fortune Cookie Salad Bar	Pasta Carbonara Garden Salad Fresh Fruit Brownies	Parmesan Chicken Quinoa Salad Fresh Fruit Salad Bar	MEXICAN DAY 20 Beef & Bean Burritos Mex. Rice Fresh Fruit Salad Bar	21 MINIMUM DAY
<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>
BREAK	BREAK	BREAK	BREAK	BREAK
LFSD LYCÉE FRANÇAIS DE SAN DIEGO		GOURMET TO THE MOVE THAT SHE ALL OUT		

All of our LFSD Families who spend more than \$15 at our restaurant will receive a free baguette.

Lycée Français De San Diego

MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatloaf Mac & Cheese Peas & Carrots Fresh Fruit	ALL AMERICAN 4 BBQ Chicken Potato Salad Fresh Fruit Carrot Cake	Turkey Sandwich Vegetable Soup Fruit Salad Cheesecake	ITALIAN DAY. 6 Spaghetti Meatsauce Garden Salad Fresh Fruit	FRENCH DAY 7 Ratatouille Couscous Fresh Fruit Sugar Cookies
ETALIAN DAY. 10 Beef Lasagna Caesar Salad Fresh Fruit Baguette	Baked Chicken Vegetables Fresh Fruit Ch Chip Cookies	ALL AMERICAN 12 Beef Chili Rice Carrots & Celery Fresh Fruit	FRENCH DAY 13 Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit	3 Cheese Pasta Casserole Garden Salad Fresh Fruit Rugelachs
Shepherds Pie Spinach Salad Baguette Fresh Fruit	MEXICAN DAY 18 Chicken Fajitas Mex. Rice Fresh Fuit Cowboy Cookie Salad Bar	Steak Hache Potatoes Fresh Fruit Baguette Salad Bar	ALL AMERICAN 20 Chicken Tenders Macaroni Salad Baguette Fresh Fruit Salad Bar	ITALIAN DAY 21 Margharita Pizza Caesar Salad Fresh Fruit Banana Bread
Salmon Penne Pasta Garden Salad Fresh Fruit	FRENCH DAY. 25 Chicken Provencal Israeli Couscous Fresh Fruit Coconut Mac. Salad Bar	Fresh Fish Rice with Corn Fresh Fruit Salad Bar	Chicken Pasta Garden Salad Baguette Fresh Fruit	ITALIAN DAY.28 Tortellini Marinara Garden Salad Fresh Fruit Mex Wedd Cookie
ALL AMERICAN31 Chicken Pot Pie Casserole Garden Salad Fresh Fruit	LFSD Lycée français DE SAN DIEGO	nd more than \$15 at or	GIRARD GOURMET	

All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.