

# SAN DIEGO FRENCH AMERICAN SCHOOL

JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b><u>1</u></b> <b>HOLIDAY</b> <b>BREAK</b>	<b><u>2</u></b> <b>HOLIDAY</b> <b>BREAK</b>	<b><u>3</u></b> <b>HOLIDAY</b> <b>BREAK</b>
<b><u>ALL AMERICAN. 6</u></b> BBQ Chicken Potato Salad Salad Bar Fresh Fruit	<b><u>ITALIAN DAY 7</u></b> Spaghetti Meatsauce Garden Salad Cowboy Cookie	<b><u>8</u></b> Ham & Cheee Sandwich Vegetable Soup Fruit Salad Coconut Mac. Salad Bar	<b><u>9</u></b> Beef Chili Rice Carrots & Celery Fresh Fruit Salad Bar	<b><u>ITALIAN DAY 10</u></b> Margharita Pizza Salad Bar Fresh Fruit Mex Wedd Cookie
<b><u>13</u></b> Chicken Fajitas Mex. Rice Fresh Fruit Salad Bar	<b><u>ALL AMERICAN 14</u></b> Meatloaf Mashed Potatoes Peas & Carrots Brownies Salad Bar	<b><u>15</u></b> Baked Chicken Vegetables Fresh Fruit Salad Bar	<b><u>16</u></b> Beef Lasagna Caesar Salad Fresh Fruit Baguette	<b><u>ITALIAN DAY 17</u></b> Penne Pasta with Pomodoro Sauce Garden Salad Fresh Fruit Carrot Cake
<b><u>20</u></b> <b>MLK DAY</b>	<b><u>21</u></b> Shepherds Pie Spinach Salad Fresh Fruit Cheesecake	<b><u>FRENCH DAY 22</u></b> Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit Salad Bar	<b><u>23</u></b> Chicken Tenders Mac & Cheese w/ Broccoli Fresh Fruit Salad Bar	<b><u>ALL AMERICAN 24</u></b> Vegetable Chili Rice Baguette Fresh Fruit Sugar Cookies Salad Bar
<b><u>27</u></b> Chicken Pasta Garden Salad Fresh Fruit Baguette	<b><u>FRENCH DAY 28</u></b> Steak Hache Potatoes Salad Bar Fresh Fruit Ch Chip Cookies	<b><u>ITALIAN DAY 29</u></b> Pepperoni Pizza Caesar Salad Fresh Fruit	<b><u>30</u></b> Chicken Provencal Rice Baguette Fresh Fruit	<b><u>ITALIAN DAY 31</u></b> Tortellini Marinara Garden Salad Fresh Fruit Rugelachs

\* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

\* All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.

# SAN DIEGO FRENCH AMERICAN SCHOOL

FEBRUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>ASIAN DAY 3</u></b> Chinese Chicken Stirfry Noodles Mandarins Fortune Cookie	<b><u>4</u></b> Fresh Fish Rice with Corn Fresh Fruit Banana Bread Salad Bar	<b><u>ITALIAN DAY 5</u></b> Salmon Penne Pasta Garden Salad Fresh Fruit	<b><u>6</u></b> Chicken Tagine Israeli Couscous Fresh Fruit Salad Bar	<b><u>7</u></b> Vegetable Lasagna Caesar Salad Fresh Fruit Double Chocolate
<b><u>ITALIAN DAY 10</u></b> Pasta Rustica Garden Salad Fresh Fruit Baguette	<b><u>ASIAN DAY 11</u></b> Chicken Teriyaki Rice Fresh Fruit Cowboy Cookie Salad Bar	<b><u>12</u></b> Pastrami Sandwich Vegetable Soup Fruit Salad Fruit Pies	<b><u>13</u></b> Chicken Pot Pie Casserole Garden Salad Fresh Fruit Coconut Mac.	<b><u>14</u></b> <b><u>MINIMUM DAY</u></b>
<b><u>17</u></b> <b><u>BREAK</u></b>	<b><u>18</u></b> <b><u>BREAK</u></b>	<b><u>19</u></b> <b><u>BREAK</u></b>	<b><u>20</u></b> <b><u>BREAK</u></b>	<b><u>21</u></b> <b><u>BREAK</u></b>
<b><u>ASIAN DAY 24</u></b> Chicken Fried Rice With Vegetables Mandarins Fortune Cookie Salad Bar	<b><u>ITALIAN DAY 25</u></b> Pasta Carbonara Garden Salad Fresh Fruit Brownies	<b><u>26</u></b> Parmesan Chicken Quinoa Salad Fresh Fruit Salad Bar	<b><u>27</u></b> Beef & Bean Burritos Mex. Rice Fresh Fruit Salad Bar	<b><u>ITALIAN DAY 28</u></b> Baguette Pizza Caesar Salad Fresh Fruit Mex. Wedd Cookie
				

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# SAN DIEGO FRENCH AMERICAN SCHOOL

MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b><u>3</u></b></p> <p>Meatloaf Mac &amp; Cheese Peas &amp; Carrots Fresh Fruit</p>	<p><b><u>ALL AMERICAN 4</u></b></p> <p>BBQ Chicken Potato Salad Fresh Fruit Carrot Cake</p>	<p><b><u>5</u></b></p> <p>Turkey Sandwich Vegetable Soup Fruit Salad Cheesecake</p>	<p><b><u>ITALIAN DAY 6</u></b></p> <p>Spaghetti Meatsauce Garden Salad Fresh Fruit</p>	<p><b><u>FRENCH DAY 7</u></b></p> <p>Ratatouille Couscous Fresh Fruit Sugar Cookies</p>
<p><b><u>ITALIAN DAY 10</u></b></p> <p>Beef Lasagna Caesar Salad Fresh Fruit Baguette</p>	<p><b><u>11</u></b></p> <p>Baked Chicken Vegetables Fresh Fruit Ch Chip Cookies</p>	<p><b><u>ALL AMERICAN 12</u></b></p> <p>Beef Chili Rice Carrots &amp; Celery Fresh Fruit</p>	<p><b><u>FRENCH DAY 13</u></b></p> <p>Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit</p>	<p><b><u>14</u></b></p> <p>3 Cheese Pasta Casserole Garden Salad Fresh Fruit Rugelachs</p>
<p><b><u>17</u></b></p> <p>Shepherds Pie Spinach Salad Baguette Fresh Fruit</p>	<p><b><u>MEXICAN DAY 18</u></b></p> <p>Chicken Fajitas Mex. Rice Fresh Fruit Cowboy Cookie Salad Bar</p>	<p><b><u>19</u></b></p> <p>Steak Hache Potatoes Fresh Fruit Baguette Salad Bar</p>	<p><b><u>ALL AMERICAN 20</u></b></p> <p>Chicken Tenders Macaroni Salad Baguette Fresh Fruit Salad Bar</p>	<p><b><u>ITALIAN DAY 21</u></b></p> <p>Margarita Pizza Caesar Salad Fresh Fruit Banana Bread</p>
<p><b><u>ITALIAN DAY 24</u></b></p> <p>Salmon Penne Pasta Garden Salad Fresh Fruit</p>	<p><b><u>FRENCH DAY 25</u></b></p> <p>Chicken Provencal Israeli Couscous Fresh Fruit Coconut Mac. Salad Bar</p>	<p><b><u>26</u></b></p> <p>Fresh Fish Rice with Corn Fresh Fruit Salad Bar</p>	<p><b><u>27</u></b></p> <p>Chicken Pasta Garden Salad Baguette Fresh Fruit</p>	<p><b><u>ITALIAN DAY 28</u></b></p> <p>Tortellini Marinara Garden Salad Fresh Fruit Mex Wedd Cookie</p>
<p><b><u>ALL AMERICAN 31</u></b></p> <p>Chicken Pot Pie Casserole Garden Salad Fresh Fruit</p>				

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