

SAN DIEGO FRENCH AMERICAN SCHOOL

APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	ALL AMERICAN 1 Shepherds Pie Spinach Salad Fresh Fruit Brownies	2 Ham & Cheese Sandwich Vegetable Soup Fruit Salad Double Chocolate Salad Bar	MOROCCAN DAY 3 Chicken Tagine Couscous Baguette Fresh Fruit Salad Bar	ITALIAN DAY 4 Penne Pasta with Pomodoro Sauce Garden Salad Sugar Cookies Fresh Fruit
ASIAN DAY 7 Chinese Chicken Stir Fry Noodles Mandarins Fortune Cookies Salad Bar	ITALIAN DAY 8 Pepperoni Pizza Caesar Salad Fresh Fruit Choc. Chip Cookie	ALL AMERICAN 9 BBQ Chicken Potato Salad Fresh Fruit Baguette Salad Bar	10 Pasta Rustica Garden Salad Fresh Fruit Baguette	11 Veggie Chili Rice Baguette Fresh Fruit Rugelachs Salad Bar
14	15	16	17	18
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
21	22	ITALIAN DAY 23 Pasta Carbonara Garden Salad Fresh Fruit Cowboy Cookie	MEXICAN DAY 24 Bean & Beef Burritos Mex. Rice Fresh Fruit Salad Bar	25
SPRING BREAK	SPRING BREAK			Vegetable Lasagna Caesar Salad Fresh Fruit Mex. Wedd Cookie
28 Parmesan Chicken Quinoa Salad Baguette Fresh Fruit Salad Bar	FRENCH DAY 29 Quiche Loraine Tomato Cuc Salad Baguette Fresh Fruit Salad Bar	ALL AMERICAN 30 Pastrami Sandwich Vegetable Soup Fruit Salad Carrot Cake Salad Bar		

* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

* All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.

SAN DIEGO FRENCH AMERICAN SCHOOL

MAY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			ALL AMERICAN. 1 Baked Chicken w/ Vegetables Baguette Fresh Fruit Salad Bar	FRENCH DAY 2 Ratatouille Couscous Fresh Fruit Cheesecake Salad Bar
5 Chicken Tenders Macaroni Salad Baguette Fresh Fruit Salad Bar	ALL AMERICAN 6 Meatloaf Mashed Potatoes Peas & Carrots Fresh Fruit Double Chocolate Salad Bar	7 Turkey Sandwich Vegetable Soup Fruit Salad Sugar Cookies Salad Bar	ALL AMERICAN 8 Beef Chili Rice Carrots & Celery Fresh Fruit Salad Bar	ITALIAN DAY 9 Pesto Pasta with Fresh Mozzarella Garden Salad Fresh Fruit Choc Chip Cookie
ITALIAN DAY 12 Salmon Penne Pasta Garden Salad Fresh Fruit	13 Chicken Fajitas Mex. Rice Fresh Fruit Rugelachs Salad Bar	ITALIAN DAY 14 Spaghetti Meatsauce Garden Salad Baguette Fresh Fruit	ALL AMERICAN 15 Fresh Fish Rice with Corn Baguette Fresh Fruit Salad Bar	16 Baguette Pizza Caesar Salad Fresh Fruit Cowboy Cookie
ALL AMERICAN 19 Chicken Pasta Garden Salad Baguette Fresh Fruit	FRENCH DAY 20 Steak Hache Potatoes Fresh Fruit Brownies Salad Bar	21 Chicken Provencal Brown Rice Baguette Fresh Fruit Salad Bar	ITALIAN DAY 22 Beef Lasagna Caesar Salad Fresh Fruit Mex Wedd Cookie	23 MINIMUM DAY
26 MEMORIAL DAY	ALL AMERICAN 27 Chicken PotPie Casserole Garden Salad Fresh Fruit Carrot Cake	ALL AMERICAN 28 Shepherds Pie Spinach Salad Fresh Fruit Dessert	FRENCH DAY 29 Quiche Loraine Tom Cuc Salad Baguette Fresh Fruit Salad Bar	ITALIAN DAY 30 Tortellini Marinara Garden Salad Fresh Fruit Sugar Cookies

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SAN DIEGO FRENCH AMERICAN SCHOOL

JUNE 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ITALIAN DAY 2</p> <p>Pasta Rustica Garden Salad Baguette Fresh Fruit</p>	<p>3</p> <p>Chicken Tagine Israeli Couscous Fresh Fruit Choc. Chip Cookie Salad Bar</p>	<p>ALL AMERICAN 4</p> <p>Pastrami Sandwich Vegetable Soup Fruit Salad Cheesecake Salad Bar</p>	<p>ASIAN DAY 5</p> <p>Chicken Teriyaki Carrots & Broccoli Rice Mandarins Salad Bar</p>	<p>ITALIAN DAY 6</p> <p>Margarita Pizza Caesar Salad Fresh Fruit Rugelachs</p>
<p>ASIAN DAY 9</p> <p>Chinese Chicken Fried Rice Fresh Fruit Fortune Cookies Salad Bar</p>	<p>ITALIAN DAY 10</p> <p>Pasta Carbonara Garden Salad Fresh Fruit Cowboy Cookie</p>	<p>11</p> <p>Parmesan Chicken Quinoa Salad Baguette Fresh Fruit Salad Bar</p>	<p>ALL AMERICAN 12</p> <p>Meatloaf Mac & Cheese Broccoli Fresh Fruit Salad Bar</p>	<p>13</p> <p>Veggie Chili Rice Fresh Fruit Carrot Cake Salad Bar</p>
<p>16</p> <p>SUMMER BREAK</p>	<p>17</p> <p>SUMMER BREAK</p>	<p>18</p> <p>SUMMER BREAK</p>	<p>19</p> <p>SUMMER BREAK</p>	<p>20</p> <p>SUMMER BREAK</p>
<p>23</p> <p>SUMMER BREAK</p>	<p>24</p> <p>SUMMER BREAK</p>	<p>25</p> <p>SUMMER BREAK</p>	<p>26</p> <p>SUMMER BREAK</p>	<p>27</p> <p>SUMMER BREAK</p>
<p>30</p> <p>SUMMER BREAK</p>				

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