

SAN DIEGO FRENCH AMERICAN SCHOOL

AUGUST / SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				ITALIAN DAY 29 Pesto Pasta Fresh Mozzarella Garden Salad Fresh Fruit Sugar Cookies * <i>Vegetarian Day</i>
1 LABOR DAY	2 ITALIAN DAY Spaghetti with Meatsauce, Garden Salad, Fresh Fruit Brownies	3 Turkey Sandwich Vegetable Soup Fruit Salad Cowboy Cookies Salad Bar	4 Baked Chicken Vegetables Baguette Fresh Fruit Salad Bar	5 ALL AMERICAN Veggie Chili Rice Fresh Fruit Mex Wedd Cookie * <i>Vegetarian Day</i>
8 MEXICAN DAY Chicken Fajitas Mex. Rice Fresh Fruit Ch Chip Cookies Salad Bar	9 ITALIAN DAY Salmon Penne Pasta Garden Salad Fresh Fruit Carrot Cake	10 BBQ Chicken Potato Salad Coleslaw Fresh Fruit Salad Bar	11 Shepherds Pie Spinach Salad Baguette Fresh Fruit	12 FRENCH DAY Ratatouille Couscous Fresh Fruit Fruit Pies * <i>Vegetarian Day</i>
15 Chicken Provencal Noodles Fresh Fruit Double Chocolate Salad Bar	16 ITALIAN DAY Pepperoni Pizza Caesar Salad Fresh Fruit Coconut Mac.	17 FRENCH DAY Steak Hache Potatoes Baguette Fresh Fruit Salad Bar	18 Chicken Tenders Macaroni Salad Fresh Fruit Salad Bar	19 Spinach Quiche Tomato Cuc Salad Fresh Fruit Cheesecake * <i>Vegetarian Day</i>
22 Chicken Pasta Garden Salad Fresh Fruit Rugelachs	23 Fresh Fish Rice with Corn Fresh Fruit Sugar Cookies Salad Bar	24 ALL AMERICAN Pastrami Sandwich Vegetable Soup Fruit Salad Brownies Salad Bar	25 ITALIAN DAY Beef Lasagna Caesar Salad Baguette Fresh Fruit	26 MINIMUM DAY
29 ITALIAN DAY Chicken Fettuccine Garden Salad Fresh Fruit Cowboy Cookie	30 ALL AMERICAN Beef Chili Brown Rice Carrots & Celery Fresh Fruit Choc Chip Cookie			

* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.