

# SAN DIEGO FRENCH AMERICAN SCHOOL

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>HOLIDAY BREAK</b> 2 <b>HOLIDAY BREAK</b>
<b>MEXICAN DAY</b> 5 Chicken Fajitas Mex. Rice Fresh Fruit Choc Chip Cookie Salad Bar	<b>ITALIAN DAY</b> 6 Pasta Carbonara Garden Salad Fresh Fruit Carrot Cake	<b>FRENCH DAY</b> 7 Steak Hache Potatoes Baguette Fresh Fruit Salad Bar		8 <b>9</b> Chicken Provencal Brown Rice Baguette Fresh Fruit Salad Bar Penne Pasta with Pomodoro Sauce Garden Salad Fresh Fruit Coconut Mac. * <u>Vegetarian Day</u>
<b>ITALIAN DAY</b> 12 Beef Lasagna Caesar Salad Fresh Fruit Cheesecake	<b>ALL AMERICAN</b> 13 BBQ Chicken Potato Salad Coleslaw Fresh Fruit Rugelachs Salad Bar		14 Ham & Cheese Sandwich Vegetable Soup Fruit Salad Cheesecake Salad Bar	15 <b>FRENCH DAY</b> 16 Salmon Penne Pasta Garden Salad Fresh Fruit Spinach Quiche Tomato Cuc Salad Fresh Fruit Banana Bread Salad Bar * <u>Vegetarian Day</u>
<b>MLK DAY</b> 19	<b>20</b> Chinese Chicken Stirfry Noodles Mandarins Fortune Cookies Salad Bar	<b>ALL AMERICAN</b> 21 Beef Chili Rice Carrots & Celery Fresh Fruit Salad Bar	<b>ITALIAN DAY</b> 22 Pepperoni Pizza Caesar Salad Fresh Fruit Sugar Cookies	<b>FRENCH DAY</b> 23 Ratatouille Couscous Fresh Fruit Brownies Salad Bar * <u>Vegetarian Day</u>
<b>ALL AMERICAN</b> 26 Chicken Tenders Macaroni Salad Fresh Fruit Mex Wedd Cookie Salad Bar	<b>27</b> Fresh Fish Rice with Corn Fresh Fruit Cowboy Cookies Salad Bar	<b>ITALIAN DAY</b> 28 Spaghetti Meatsauce Garden Salad Fresh Fruit	<b>29</b> Baked Chicken Vegetables Baguette Fresh Fruit Salad Bar	<b>30</b> Pesto Pasta with Fresh Mozarella Garden Salad Fresh Fruit Double Chocolate * <u>Vegetarian Day</u>

\* PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

\* All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.