



SAN DIEGO FRENCH AMERICAN SCHOOL

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			HOLIDAY BREAK	HOLIDAY BREAK
MEXICAN DAY 5 Chicken Fajitas Mex. Rice Fresh Fruit Choc Chip Cookie Salad Bar	ITALIAN DAY 6 Pasta Carbonara Garden Salad Fresh Fruit Carrot Cake	FRENCH DAY 7 Steak Hache Potatoes Baguette Fresh Fruit Salad Bar	8 Chicken Provencal Brown Rice Baguette Fresh Fruit Salad Bar	9 Penne Pasta with Pomodoro Sauce Garden Salad Fresh Fruit Coconut Mac.  <i>Vegetarian Day</i>
ITALIAN DAY 12 Beef Lasagna Caesar Salad Fresh Fruit Cheesecake	ALL AMERICAN 13 BBQ Chicken Potato Salad Coleslaw Fresh Fruit Rugelachs Salad Bar	14 Ham & Cheese Sandwich Vegetable Soup Fruit Salad Cheesecake Salad Bar	15 Salmon Penne Pasta Garden Salad Fresh Fruit	FRENCH DAY 16 Spinach Quiche Tomato Cuc Salad Fresh Fruit Banana Bread Salad Bar  <i>Vegetarian Day</i>
19 MLK DAY	20 Chinese Chicken Stirfry Noodles Mandarins Fortune Cookies Salad Bar	ALL AMERICAN 21 Beef Chili Rice Carrots & Celery Fresh Fruit Salad Bar	ITALIAN DAY 22 Pepperoni Pizza Caesar Salad Fresh Fruit Sugar Cookies	FRENCH DAY 23 Ratatouille Couscous Fresh Fruit Brownies Salad Bar  <i>Vegetarian Day</i>
ALL AMERICAN 26 Chicken Tenders Macaroni Salad Fresh Fruit Mex Wedd Cookie Salad Bar	27 Fresh Fish Rice with Corn Fresh Fruit Cowboy Cookies Salad Bar	ITALIAN DAY 28 Sphaghetti Meatsauce Garden Salad Fresh Fruit	29 Baked Chicken Vegetables Baguette Fresh Fruit Salad Bar	30 Pesto Pasta with Fresh Mozarella Garden Salad Fresh Fruit Double Chocolate  <i>Vegetarian Day</i>

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

 All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.