










Lycée Français De San Diego

JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 LYCÉE FRANÇAIS DE SAN DIEGO			1 HOLIDAY BREAK	2 HOLIDAY BREAK
MEXICAN DAY 5 Chicken Fajitas Mex. Rice Baguette Choc Chip Cookie	ITALIAN DAY 6 Pasta Carbonara Garden Salad Baguette Carrot Cake	FRENCH DAY 7 Steak Hache Potatoes Baguette Fresh Fruit	8 Chicken Provencal Brown Rice Baguette Fresh Fruit	9 Penne Pasta with Pomodoro Sauce Garden Salad Coconut Mac.  <i>Vegetarian Day</i>
ITALIAN DAY 12 Beef Lasagna Caesar Salad Baguette Cheesecake	ALL AMERICAN 13 BBQ Chicken Potato Salad Coleslaw Rugelachs	14 Ham & Cheese Sandwich Vegetable Soup Fruit Salad Fruit Pies	15 Salmon Penne Pasta Garden Salad Fresh Fruit	FRENCH DAY 16 Spinach Quiche Tomato Cuc Salad Banana Bread  <i>Vegetarian Day</i>
19 MLK DAY	20 Chinese Chicken Stirfry Noodles Mandarins Fortune Cookies	ALL AMERICAN 21 Beef Chili Rice Carrots & Celery Fresh Fruit	ITALIAN DAY 22 Pepperoni Pizza Caesar Salad Fresh Fruit Sugar Cookies	FRENCH DAY 23 Ratatouille Couscous Brownies  <i>Vegetarian Day</i>
ALL AMERICAN 26 Chicken Tenders Macaroni Salad Baguette Mex Wedd Cookie	27 Fresh Fish Rice with Corn Baguette Cowboy Cookies	ITALIAN DAY 28 Sphaghetti Meatsauce Garden Salad Fresh Fruit	29 Baked Chicken Vegetables Baguette Fresh Fruit	30 Pesto Pasta with Fresh Mozzarella Garden Salad Double Chocolate  <i>Vegetarian Day</i>

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

 All of our SDFAS Families who spend more than \$15 at our restaurant will receive a free baguette.