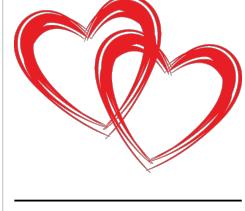


Lycée Français De San Diego

FEBRUARY 2026

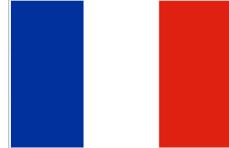
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FRENCH DAY <u>2</u> Quiche Loraine Tomato Cuc Salad Baguette Choc Chip Cookie	ITALIAN DAY <u>3</u> Chicken Fettuccine Alfredo w/ Broccoli Garden Salad Coconut Macaroon	ALL AMERICAN <u>4</u> Pastrami & Cheese Sandwich Fruit Salad Carrot Cake		<u>5</u> Chicken Tagine Israeli Couscous Baguette Fresh Fruit  <u>Vegetarian Day</u>
<u>9</u> Parmesan Chicken Quinoa Salad Baguette Cheesecake	ALL AMERICAN <u>11</u> Meatloaf Mashed Potatoes Peas & Carrots Fruit Pies	ITALIAN DAY <u>11</u> Pasta Rustica Garden Salad Baguette Fresh Fruit	ASIAN DAY <u>12</u> Chicken Fried Rice Baguette Mandarins Fortune Cookies	<u>13</u> Vegetable Lasagna Caesar Salad Banana Cake  <u>Vegetarian Day</u>
ITALIAN DAY <u>16</u> Margharita Pizza Caesar Salad Fresh Fruit Sugar Cookies	ALL AMERICAN <u>17</u> Chicken PotPie Casserole Garden Salad Fresh Fruit		ASIAN DAY <u>19</u> Shepherds Pie Spinach Salad Brownies Baguette  MINIMUM DAY	<u>20</u>
<u>23</u> WINTER BREAK	<u>24</u> WINTER BREAK	<u>25</u> WINTER BREAK	<u>26</u> WINTER BREAK	<u>27</u> WINTER BREAK
LFSD LYCÉE FRANÇAIS DE SAN DIEGO				

 PK-O /PK-2 Lunch will be simplified often by adding sliced bite size vegetables instead of salads.

 All of our LLFSD Families who spend more than \$15 at our restaurant will receive a free baguette.

Lycée Français De San Diego

MARCH 2026

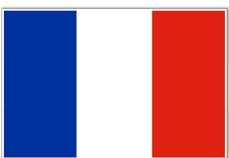
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL AMERICAN 2 BBQ Chicken Potato Salad Coleslaw Cowboy Cookie	ITALIAN DAY 3 Beef Lasagna Caesar Salad Mex. Wedd Cookie	4 Cheese Sandwich Chicken Soup Fruit Salad Double Chocolate	FRENCH DAY 5 Chicken Provencal Brown Rice Baguette Fresh Fruit	6 Pesto Pasta Fresh Mozzarella Garden Salad Choc Chip Cookie (* Vegetarian Day)
ALL AMERICAN 9 Beef Chili Rice Carrots & Celery Carrot Cake	10 Pasta Carbonara Garden Salad Baguette Coconut Macaroon	FRENCH DAY 11 Steak Hache Potatoes Baguette Fresh Fruit	12 Baked Chicken Vegetables Baguette Fresh Fruit	ITALIAN DAY 13 Penne Pasta with Pomodoro Sauce Garden Salad Cheesecake (* Vegetarian Day)
16 Salmon Penne Pasta Garden Salad Rugelachs	17 Chicken Fajitas Mex. Rice Banana Cake	ITALIAN DAY 18 Pepperoni Pizza Caesar Salad Fresh Fruit Sugar Cookies	ALL AMERICAN 19 Chicken Tenders Macaroni Salad Baguette Fresh Fruit	FRENCH DAY 20 Ratatouille Couscous Baguette Fruit Pies (* Vegetarian Day)
ITALIAN DAY 23 Spaghetti Meatsauce Garden Salad Brownies	24 Poulet Yassa Israeli Couscous Baguette Cowboy Cookie	ALL AMERICAN 25 Turkey Sandwich Vegetable Soup Fruit Salad Mex Wedd Cookie	26 Chicken Pasta Garden Salad Baguette Fresh Fruit	FRENCH DAY 27 Spinach Quiche Tomato Cuc. Salad Double Chocolate (* Vegetarian Day)
30 Chinese Chicken Stirfry Noodles Mandarins Fortune Cookies	31 Fresh Fish Rice with Corn Baguette Carrot Cake	LFSD LYCÉE FRANÇAIS DE SAN DIEGO	GIRARD GOURMET	

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Lycée Français De San Diego

APRIL 2026

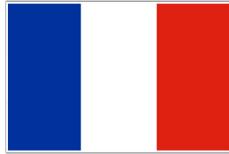
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 LYCÉE FRANÇAIS DE SAN DIEGO	 GIRARD GOURMET	ALL AMERICAN 1 Meatloaf Mashed Potatoes Peas & Carrots Fresh Fruit	2 Parmesan Chicken Quinoa Salad Baguette Fresh Fruit	ITALIAN DAY 3 Tortellini Marinara Garden Salad Fresh Fruit Choc Chip Cookie
ITALIAN DAY 6 Chicken Fettuccine Alfredo w/ Broccoli Garden Salad Coconut Mac.	FRENCH DAY 7 Quiche Loraine Tomato Cuc Salad Baguette Cheesecake	8 Shepherds Pie Spinach Salad Fresh Fruit Baguette	9 Chicken Tagine Israeli Couscous Baguette Fresh Fruit	ALL AMERICAN 10 Veggie Chili Rice Baguette Rugelachs
ASIAN DAY 13 Chicken Teriyaki Carrots & Broccoli Rice Brownies	ITALIAN DAY 14 Margherita Pizza Caesar Salad Fresh Fruit Cowboy Cookies	15 Ham & Cheese Sandwich Vegetable Soup Fruit Salad Carrot Cake	ASIAN DAY 16 Chicken Fried Rice Baguette Mandarins Fortune Cookies	ITALIAN DAY 17 Vegetable Lasagna Caesar Salad Baguette Sugar Cookies
MEXICAN DAY 20 Beef Burritos Mex. Rice Fresh Fruit Fruit Pies	ASIAN DAY 21 Chicken Potpie Casserole Garden Salad Fresh Fruit	22 MINIMUM DAY	23 SPRING BREAK	24 SPRING BREAK
27 SPRING BREAK	28 SPRING BREAK	29 SPRING BREAK	30 	

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Lycée Français De San Diego

MAY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 LYCÉE FRANÇAIS DE SAN DIEGO				FRENCH DAY 1 Spinach Quiche Tomato Cuc. Salad Baguette Double Chocolate  <u>Vegetarian Day</u>
FRENCH DAY 4 Chicken Provencal Brown Rice Baguette Double Chocolate	ALL AMERICAN 5 BBQ Chicken Potato Salad Coleslaw Mex Wedd Cookie	ITALIAN DAY 6 Beef Lasagna Caesar Salad Baguette Fresh Fruit	Fresh Fish Rice with Corn Baguette Fresh Fruit	7 FRENCH DAY 8 Ratatouille Couscous Baguette Fruit Pies  <u>Vegetarian Day</u>
11 Pasta Carbonara Garden Salad Baguette Choc Chip Cookie	ALL AMERICAN 12 Beef Chili Rice Carrots & Celery Coconut Mac	13 Baked Chicken Vegetables Baguette Fresh Fruit	14 FRENCH DAY Steak Hache Potatoes Baguette Fresh Fruit	15 Pesto Pasta Fresh Mozzarella Garden Salad Cheesecake  <u>Vegetarian Day</u>
MEXICAN DAY 18 Chicken Fajitas Mex. Rice Baguette Rugelachs	19 Salmon Penne Pasta Garden Salad Banana Cake	20 ALL AMERICAN Turkey Sandwich Vegetable Soup Fruit Salad Sugar Cookies	21 ITALIAN DAY Pepperoni Pizza Caesar Salad Fresh Fruit Brownies	22 FRENCH DAY Spinach Quiche Tomato Cuc. Salad Baguette Double Chocolate  <u>Vegetarian Day</u>
25 Fresh Fish Rice with Corn Baguette Mex Wedd Cookie	26 Poulet Yassa Israeli Couscous Baguette Cowboy Cookie	27 ITALIAN DAY Spaghetti Meatsauce Garden Salad Fresh Fruit	28 ALL AMERICAN Chicken Tenders Macaroni Salad Baguette Fresh Fruit	29 ITALIAN DAY Penne Pasta with Pomodoro Sauce Garden Salad Carrot Cake  <u>Vegetarian Day</u>

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Lycée Français De San Diego

JUNE 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>ALL AMERICAN</u> 1 Meatloaf Mashed Potatoes Peas & Carrots Mex Wedd Cookie	2 Parmesan Chicken Quinoa Salad Baguette Fruit Pies	<u>FRENCH DAY</u> 3 Quiche Loraine Tomato Cuc Salad Baguette Fresh Fruit		<u>ALL AMERICAN</u> 5 Chicken Pasta Garden Salad Baguette Fresh Fruit  <u>Vegetarian Day</u>
8 Chicken Tagine Israeli Couscous Baguette Cheesecake	9 Shepherds Pie Spinach Salad Baguette Choc Chip Cookie	<u>ALL AMERICAN</u> 10 Cheese Sandwich Chicken Soup Fruit Salad Banana Cake		<u>ITALIAN DAY</u> 12 Chicken Potpie Casserole Garden Salad Fresh Fruit  <u>Vegetarian Day</u>
<u>ASIAN DAY</u> 15 Chicken Fried Rice Baguette Mandarins Fortune Cookies	<u>ITALIAN DAY</u> 16 Pasta Rustica Garden Salad Baguette Sugar Cookies	<u>ALL AMERICAN</u> 17 Turkey Sandwich Vegetable Soup Fruit Salad Brownies	<u>ITALIAN DAY</u> 18 Margharita Pizza Caesar Salad Fresh Fruit Cowboy Cookie	19 <u>MINIMUM DAY</u>
22 <u>SUMMER BREAK</u>	23 <u>SUMMER BREAK</u>	24 <u>SUMMER BREAK</u>	25 <u>SUMMER BREAK</u>	26 <u>SUMMER BREAK</u>
29 <u>SUMMER BREAK</u>	30 <u>SUMMER BREAK</u>	 LYCÉE FRANÇAIS DE SAN DIEGO		

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